



## LADY BEES SOCCER TRAINING SCHEDULE

Summer - 2010

<u>Dates</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
6/14-6/20	Mini-Camp 9-10:30 MS & 12-2 HS *bring lunch for in between	Mini-Camp 9- 10:30 MS & 12-2 HS *bring lunch	<b>No Mini-Camp</b>		Practice 1.5 mi and conditioning 9-10:30		Seniors Open Soccer 6-8pmHS
6/21-6/27							Seniors Open Soccer 6-8pmHS
6/28-7/4							
7/5-7/11	Open Soccer 6-8pm HS		Open Soccer 6-8pm HS				Alumni Game 6-8 HS
7/12-7/18	Open Soccer 6-8pm HS				Strongsville Showcase TBA	Strongsville Showcase TBA	Strongsville Showcase TBA
7/19-7/25			Open Soccer 6-8pm HS				Scrimmage vs. Jackson TBA
7/26-8/1	Mini-Camp 9- 1100AM HS		Mini-Camp 9-1100 HS				Parents Meeting HS Aud. 6 PM
8/2-8/8	Conditioning 8-9:30 AM Kids Camp 9:30-12:00 AM -some players may wish to work the camp @Chippewa	Conditioning 8- 9:30 AM Kids Camp 9:30-12:00 AM -some players may wish to work the camp @Chippewa	Conditioning 8-9:30 AM Kids Camp 9:30-12:00 AM -some players may wish to work the camp @Chippewa	Conditioning 8-9:30 AM Kids Camp 9:30-12:00 AM -some players may wish to work the camp @Chippewa	Conditioning 8-9:30 AM Kids Camp 9:30-12:00 AM -some players may wish to work the camp @Chippewa		<b>First Mandatory Event</b> 1.5 mile run (by Tennis Courts) 5:00

\*Note: Seniors practices are run by the seniors and are open to all players that wish to play

\*\* Alumni Game and Jackson Scrimmage- All Jrs./Srs. and any other player that played in a varsity game last year can play in the Alumni and/or the Jackson game

\*\*\* Strongsville Showcase: last year's varsity & some other members of JV that displayed a higher level of play last season & anyone else that impresses @ workouts may be asked to play.

### Preseason- mandatory

<u>Dates</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
8/9-8/15	Tryouts- 10-12:30 & 5-7	Tryouts- 10-12:30 & 5-7	Tryouts- 10-12:30 & 5-7	Conditioning & Team-building 9-2 Metroparks TBA	NoPractice for JV- Varsity- depart for Dayton 8AM	Dayton Super- Scrimmage	Off
8/16-8/22	<b>Bay Village BVHF</b> * 3teams?	Training 10:30- 12:30 <b>Freshman vs Westlake BVHF 5</b>	Training 10:30-12:30 <b>Beaumont 3/5 BVHF</b>	Training 10:30-12:30	<b>Magnificat 11/1 Stadium</b> Concession Stand Football Game	Off	Train